

**2 FOCUS ON...****Words****2 FOCUS ON... Words A 1** **Answers**

**Traditional sports:** football, baseball, tennis, swimming, basketball

**Extreme sports:** bungee jumping, BMX biking, skydiving, inline skating, surfing

**Sporting injuries:** sprained knee / wrist, cuts and bruises, broken bone, cracked rib

**2 FOCUS ON... Words A 2** **Suggested answers**

Traditional sports: golf, hockey, rugby, cricket

Extreme sports: skiing, kayaking, white-water rafting, skateboarding

Sporting injuries: head/back injury, dislocated shoulder

**2 FOCUS ON... Words B** **Answers**

1 d 2 c 3 e 4 b 5 a

**2 FOCUS ON... Words C 1 / 2** **Answers**

1 I want to show that girls can do anything; I love the adrenalin rush. 2 I cracked a rib.

**3 READING** **CD2 (Red) track 1, page 9 SB****3 READING A** **Answers**

1 b (Gary Lansdowne) 2 c (Francine O'Reilly)  
3 d (Juan Julia) 4 a (Paula Carrera)

**3 READING B 1** **Answers**

1 a) Gary: at 5, then went back at 20; Francine, as a child, then started competing at 16; Juan: at 20; Paula: at 15.

b) Gary: parents hated it; Francine: parents were supportive; Juan: his mum can't watch (must be frightened for him); Paula: at first, parents didn't think surfing was OK for girls, then they accepted it and now find it exciting.

c) Gary: lots of injuries when he started; Francine: a sprained knee; Juan: never had any injuries; Paul: none mentioned.

d) Gary: loves the adrenalin rush; Francine: loves the sport, wants to show that girls can do it; Juan: the thrill of danger makes him feel alive; Paula: loves it and it makes her happy.

**3 READING B 2–4** **Answers**

2 a) started racing BMX bikes b) played tennis and soccer c) got back to biking

3 a) First, he started racing when he was 5. b) Then, at 16, he played tennis and soccer. c) Finally, at 20, he went back to BMX biking.

4 (Example answer)

First Francine's parents gave her a pair of roller skates. Then they bought her some inline skates. Finally, she started competing.

**4 LANGUAGE: The present simple and past simple****4 LANGUAGE A** **Answers**

1 stays 2 started 3 comes, watches 4 got

**4 LANGUAGE B** **Answers**

was (interview 4) got (interview 4)  
gave (interview 2) thought (interview 4)  
learnt (interview 1)

**5 LISTEN IN** **CD1 (Blue) track 1, page 10 SB****5 LISTEN IN A** **Suggested answers**

1 Twisted /sprained knees (ankles), broken legs (bones), cracked ribs, cuts and bruises

2 Wear wrist guards, a helmet

**5 LISTEN IN B** **Answers**

1 Alicia likes skydiving.  
2 Tim likes soccer (US) / football (UK).

**5 LISTEN IN C** **Answers**

What Alicia says: 1, 2, 4, 6  
What Tim says: 3, 5, 7, 8

**5 LISTEN IN D** **Answers**

AGAINST extreme sports: it's dangerous; it's wrong to do dangerous things; people die.

AGAINST traditional sports: they're boring; most accidents happen in traditional sports; people don't wear protection.

**8 FIRST AID in English**

Page 11 SB

**8 FIRST AID in English A**

Answers

- 1 a wrist guard 2 stay off 3 ice 4 a cushion  
5 an ambulance 6 Emergency Services

**8 FIRST AID in English B**

Answers

- 1 X 2 ✓ 3 ✓ 4 ✓ 5 X 6 ✓

**WORKBOOK answers**

Pages 4–5 WB

**1 Language: the present simple and past simple****1 A**

- 1 Yes, she thought it was. No, she didn't think it was.  
2 I started at five. I didn't start until I was 10.  
3 I was scared at first. Later, I wasn't scared at all.  
4 Yes, I always wore it. No I didn't wear it.  
5 Yes, I had a lot of fun. No, I didn't have any fun at all.

**1 B**

- 1 bought 2 started 3 tried 4 said 5 was  
6 feel 7 cracked 8 sprained 9 love 10 pays

**1 C***(Individual answers)***2 Vocabulary****2 A***(Example answers)*

- 1 car racing, cycling  
2 football, tennis, baseball, rugby, squash

- 3 surfing, sailing, water polo, diving, canoeing  
4 bruises, broken bones, sprained wrist / ankles

**2 B**

- 1 Then we got into the plane and took off.  
2 Next, I stood at the open door, feeling scared.  
3 The next minute, I was out in the air, flying.  
4 Finally, I landed safely.

**2 C**

- 1 great 2 dangerous 3 elevated  
4 bandage 5 scared

**3 Word building**

Noun	Adjective
tradition	<b>traditional</b>
<b>protection</b>	protective
sport	<b>sporting</b>
sprain	<b>sprained</b>
<b>thrill</b>	thrilling
relaxation	<b>relaxed</b>
<b>danger</b>	dangerous
injury	<b>injured</b>

**4 Use of English**

- 1 Football is *boring*.  
2 This sport is thrilling because it's *dangerous*.  
3 *I didn't* like the sport.  
4 *Stay off* your sprained ankle.  
5 Keep your injured friend *warm*.

**5 Portfolio Writing***(Individual answers)*