

**What's new?****Subject:** Fame and success**Focus:** Reading an online interview**1 The BIG read: AROUND THE WORLD IN 71 DAYS, Ellen MacArthur**

There are two Extended Readings in QSE 1, both of which are outside the structural progression of the book (ie the texts contain structures which are unknown to students but which are not focused on in exercises). The texts are primarily a chance for students to read longer, authentic texts for pleasure and develop their reading and discussion skills.

This extended reading deals with fame and success as experienced by the British sailor Ellen MacArthur after her record-breaking solo voyage around the world in 2005.

- Look at the photo of Ellen MacArthur and ask: Do you know anything about her? What is she famous for?
- Students read the factfile on Ellen MacArthur. Ask: How old was she when she first went sailing? (four); How old was she when she bought her first boat? (12).

**Picture / background information**

Ellen MacArthur grew up in the British countryside but started sailing as a small child with her aunt who owned a boat. In a BBC poll in 2005, 52% of people said she was Britain's greatest sporting hero. The photograph shows her sailing her trimaran (3-hulled sailing boat) in the English Channel at the end of her voyage. The trimaran was painted with the name of her sponsors, B&Q on one side and Castorama on the other. These are DIY and hardware chain stores that belong to the same company. B&Q operates in Britain and Castorama in France.

Ellen MacArthur has written two books about her experiences: *Taking on the world* (2003) and *Race against time* (2005).

[www.ellenmacarthur.com/](http://www.ellenmacarthur.com/)

[www.time.com/time/europe/hero2004/mcarthur.html](http://www.time.com/time/europe/hero2004/mcarthur.html)

[www.penguin.co.uk/nf/Author/AuthorPage/](http://www.penguin.co.uk/nf/Author/AuthorPage/)

[0,,0\\_1000000093,00.html](http://www.penguin.co.uk/nf/Author/AuthorPage/0,,0_1000000093,00.html)

<http://www.spiegel.de/fotostrecke/0,5538,PB64-SUQ9NTQzMCZucj0x,00.html>

This last website has dramatic pictures of Ellen on her trimaran. Search *Google* images for more pictures.

**2 READING****CD2 (Red) track 9, page 41 SB****Picture / background information**

This interview is from the English-language service of the German magazine *Spiegel* Online: [service.spiegel.de/cache/international/spiegel/0,1518,344748,00.html](http://service.spiegel.de/cache/international/spiegel/0,1518,344748,00.html) (The original interview has been cut and slightly adapted in places.)

Ellen MacArthur set sail on 28 November 2004 from France and arrived in Falmouth, England on 7 February 2005. On her trip she faced icebergs, gale force winds and other dangers. Ellen MacArthur's trimaran was specially built for her in Australia. It contained the latest technology such as an autopilot (a computer which steers the boat) and technology to provide complex weather data. She was in constant contact with her base on shore, reporting progress in a daily blog.

[www.solarnavigator.net/dame\\_ellen\\_macarthur.htm](http://www.solarnavigator.net/dame_ellen_macarthur.htm)  
[sport.guardian.co.uk/sailing/story/0,10087,1408340,00.html](http://sport.guardian.co.uk/sailing/story/0,10087,1408340,00.html)

**2 A 1**

- Look at the photo with the class. Ask: Can you imagine sailing alone around the world in a small boat like that? What problems do you think Ellen MacArthur had? Discuss with the class.
- Read out the questions in **A**. Students read the text quickly and answer the questions. Check the answers.

**2 READING A 1****Answers**

- 1 She did it because she loves sailing and being out on the sea.
- 2 No, because she shared her experiences with lots of people using modern communications such as email.

**2 B**

- This exercise practises working out the meaning of unknown words from the context. Do the first word together with students as an example. Ask them to find the word *bucket* in the text (line 3). Read out the three definitions and ask students to see which definition best fits the context.
- Students read the text again and choose the correct meaning for the other words by finding the words in the text and using the context. Check the answers.

**2 READING B****Answers**

1 a 2 a 3 b 4 c 5 c 6 a

**2 C**

- Read out the sentences and the alternatives in turn. Students choose the correct alternative orally.

**2 READING C****Answers**

1 extraordinary 2 dangerous 3 very different from

**2 D**

- Read out the questions.
- Individually or in pairs, have students answer the questions.
- Check the answers. Discuss the third question with the class. Ask: Do you think she is happy with her life? Is there anything missing? Could you live like this?

**2 READING D****Answers**

- 1 She sails because she just wants to sail.
- 2 Dangerous things include hitting icebergs and other ships at night. The most important thing is survival.
- 3 Nothing.

**2 E**

- Explain the task.
- Individually students make notes on the points given.
- Students compare their answers with a partner.
- Check the answers. Make notes on the board under the headings *eating, sleeping, washing*.

**2 READING E****Answers**

- 1 freeze-dried food mixed with hot water; she ate because it was necessary and not for pleasure
- 2 in as many short naps as possible; whenever she had the chance and the weather let her
- 3 in a bucket or in the rain because she had no shower on board the boat; not very often

**3 YOUR TURN TO SPEAK****3 A**

- Read out the questions and make sure students understand them. Explain the second question more fully: many people have criticised Ellen for not being a proper sailor because her boat has too much technology. 'Real sailors' in the past sailed in small wooden boats without any help to navigate or forecast the weather and had to deal with being completely alone, with no contact to the outside world. In the past, sailing was also connected with adventure and discovery: some people say Ellen's trip was simply a selfish desire for fame.
- Students discuss the questions in pairs or small groups.
- Ask students to report back to the class.

**3 B**

- Students work in pairs or small groups and discuss the points.
- Ask students to report back to the class. Did they have similar ideas?

**3 C**

- Read out the questions. Elicit opinions and reasons from the class and encourage other students to agree or disagree.

**Optional portfolio writing**

Write this optional writing task on the board and ask students to do it for homework. Imagine a situation when either you had to use all your mental and physical strength, or you were alone for a long time.

- Make notes about where, when and why the situation happened.
- Write five adjectives that describe your feelings at the beginning, during and at the end.
- Describe how the situation ended.
- Write a blog or diary entry of up to 150 words describing the situation.

**WORKBOOK****Progress check 1**

The Progress Check 1 after Unit 8 in the Workbook does not correspond directly to the Extended Reading in the Student's Book but revises the vocabulary and structures from the first half of the Student's Book (Units 1–8).

- Give the students the pages to do for homework and when checking the answers with the class, discuss and explain any unclear points.
- Alternatively, if you think your students need more support, revise word fields and structures with the class before students do the exercises either in class in pairs or at home.

**WORKBOOK answers****Pages 20–21 WB****Progress check 1 (Units 1–8)****1 Language****1 A**

1 c 2 e 3 d 4 b 5 a 6 f

**1 B***(Individual answers)***1 C**

1 won 2 became 3 have won 4 have achieved  
5 have competed 6 defeated 7 beat 8 did  
9 are (the sisters) going to do 10 is going to be

**1 D***(Example answers)*

- Hip hop is *cooler* than pop.
- Alicia Keys is *the most interesting* singer around at the moment.
- The Rio Carnival is *more famous than* the Notting Hill Carnival.
- The Live 8 concert was *the best* concert I've ever seen.
- DJ mixing is *less creative* than writing songs.
- Learning the violin is harder than learning the guitar.*
- Going to concerts is more exciting than listening to music at home.*

**1 E**

1 – 2 – 3 The 4 a 5 the 6 the 7 the  
8 – 9 the 10 – 11 an 12 – 13 the  
14 an 15 a

**1 F**

1 c 2 a 3 b 4 c 5 c

**2 Vocabulary****2 A**

**Food:** g) dairy produce, h) fruit, p) meat,  
m) vegetables (fish/bread/rice)

**Jobs:** a) accountant, c) computer programmer,  
l) editor, f) reporter (teacher/manager/ski instructor)

**Sports injuries:** b) bruise, d) cut, k) sprained  
knee, o) swollen ankle (cracked rib/broken  
ankle/injured leg)

**TV programmes:** e) documentary, j) series, i) soap  
opera, n) viewers (producer/the news/talk show)

**2 B**

1 delicious 2 dangerous 3 baggy 4 controversial  
5 plain

**2 C**

1 customer 2 shirt 3 receipt 4 sale 5 refund  
6 jackets 7 store card 8 pay 9 cash 10 wallet

**2 D****Festivals** *(suggested answers)*

- |               |                       |                             |
|---------------|-----------------------|-----------------------------|
| – floats      | – music               | – dancing                   |
|               | – sound systems       | – DJs, bands                |
| – carnival    | – Lent                | – religion                  |
| – parade      | – celebrate           | – event to<br>celebrate     |
|               | – make a<br>protest   | – controversy               |
|               | – have a<br>good time | – have a bad<br>time        |
| – dancers     | – costumes            | – feathers                  |
| – decorations | – flags               |                             |
| – violence    | – big crowds          | – alcohol,<br>drugs, knives |
|               | – police              | – criminals                 |

**Computers** (*suggested answers*)

- internet
- blogs
- no editors
- websites
- chat rooms
- danger of strangers
- emails
- creative writing
- letters
- prevent real communication
- self-exposure
- freedom
- shopping, information
- meet new people
- keep up with friends
- friends and family

**2 E**

- 1** head   **2** neck   **3** eyes / nose / face   **4** feet  
**5** neck   **6** wrist / arm   **7** feet   **8** face

**2 F**

- 1** an online diary  
**2** the increasing temperature of the Earth's atmosphere  
**3** an extreme sport where people jump out of planes  
**4** for example, necklaces, bracelets and rings  
**5** buying things from websites  
**6** getting money for an event for advertising something  
**7** the person who leads a meeting  
**8** the growing importance of world markets and culture